Helpful tips for what to Pack

Clothes
- Mostly casual (jeans, tee-shirts, shirts, casual trousers)
- Warm clothes (a few light sweaters, a jacket, some gloves and scarves, woolen caps)
- Multiple pairs of shoes (sports, casual, sandals for warm weather, flip-flops, heavy shoes for the snow and rain)
- Pajamas and athletic wear
- **Include one or maybe two formal outfits for special occasions and one or two outfits that you feel represent your culture (ethnic clothes) for cultural events**
- Remember necessities – an ample supply of socks and undergarments

Toiletries
Unless you wish to be adventurous right from the start, buy enough toiletries and hygiene products to last the first couple of weeks to a month. Over time you will get used to products that are available here. Don’t forget to seal items that might leak. **Also, don’t forget to bring medicines that you are used to or that need a prescription.** Avoid being short of supply, until you get to know local names for the same medicines.

Linens
I recommend purchasing most of your bedding here since sheets, comforters and pillow sizes may vary from home. Buying from the Lafayette catalog is convenient, but it is generally overpriced. Standard bedding sets here contain 2 sheets (one fitted and one loose,) a comforter and a blanket and a pillow cover. **Remember, Lafayette’s bed sizes are Twin XL.**

Personal Items/Reminders of Home
- Photographs of your family, parting gifts and other things of sentimental value
- Books, posters and your favorite music
- Cultural items like artwork, flags, books, handcrafts, music CDs etc. that you can proudly showcase during the ISA Extravaganza and use to educate our community about your home
• Cell phone (More information on phone plans to come. In short you can buy a SIM card here and save yourself some money if you already own a phone you can use.)